

12) MANY CARROTS



You will need:

For the activity: A range of different carrots with different colours and shapes. Small Chantenay carrots, big organic carrots with leaves and carrots of different colours such as purple, red and yellow.

Chopping board, peeler and knife. Before you start, keep a range of the carrots whole. Peel and cut some of the carrots into sticks or rounds for tasting.

A reusable plate or paper napkin for each child.

Before you start, everyone washes their hands.

Encourage children to use all five senses to explore the carrots. Start with sight. What can we see? What shape is the carrot? Can we see any patterns on its skin? What colours can we see? Are carrots always orange? Shall we look inside a carrot? Slice open a carrot and look carefully at the circular patterns inside. 'It looks like a ring'. 'It looks like a tree trunk'.

Now, we can touch it. How does the skin feel, hard or soft? Let's smell the carrot. What does it remind us of? Now we can listen to the carrot? Demonstrate breaking a crunchy carrot stick to make a loud crunch. How will it sound if we taste it in our mouths? (remember that 'no one has to try' and 'no one has to like' and anyone who doesn't want to taste the food can smell or lick it instead). Talk about what you noticed. Did anyone try anything new today?

Curriculum Links:

Understanding the World: The World: 'Children know about similarities and differences in relation to places, objects, materials and living things'.